

We're now going to ask you some questions about your mental health

...

In the **last 5 years** have you had any of the following?

Please select all that apply...

Anxiety

Depression

Stress

Any other mental health issue

None of these

...

Have you **ever**:

Please select all that apply...

Been admitted to hospital, referred to a psychiatrist, or been in contact with a crisis team for a mental health issue

Had an eating disorder

Tried to take your own life

Had thoughts about taking your own life

Intentionally harmed yourself

Had thoughts about harming yourself

None of these